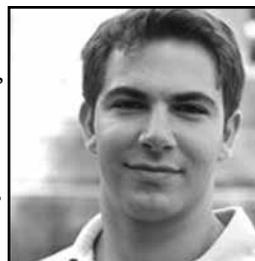




## Alumni Launch World-Wide Humanitarian Project

Hannah Silverstein from Greensboro, and Zach Gorelick from Charlotte, both recent college graduates, are busy with a humanitarian goal of world-wide proportions, living a philosophy of tikkun olam, or repairing the world.



Zack Gorelick



Hannah Silverstein

condition literally cripples children and leaves them unable to walk, to participate in sports, or maintain a labor-based job. Children who can't afford care are ostracized and

isolated. It is truly heartbreaking."

Hannah and Zach plan to raise awareness of the need for greater understanding and care of clubfoot by travelling to New Zealand, Ghana, and Vietnam as well as the United States to interview physicians, afflicted individuals and their parents. In addition, the two plan to film footage in some of the clinics in these countries, detailing treatments and strategies for the condition.

Hannah and Zach call their endeavor The Footnote Film Project, and you can get more information at footnotefilm.com. While Zach plans to pursue journalism professionally, Hannah will apply to graduate school once the film is complete. During their undergraduate days, these two fine young adults became a "couple."

Asked what they remember most fondly about their experience at AHA, these two distinguished graduates said, "We are both so blessed to have attended the American Hebrew Academy, and the values gained as students have shaped both of us into the people we are today.

AHA absolutely inspired us to pursue our goals and to do what's right even in the face of adversity."



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## BJH FOUNDATION FOR SENIOR SERVICES

"ENHANCING LIFE FOR JEWISH SENIORS"

### BJH Foundation for Senior Services Provides Needed Grants for Growing Jewish Population in the Carolinas

#### 21 Grants have been awarded in North and South Carolina

According to the National Jewish Population Survey, the Jewish community is rapidly aging across the United States. The number of Jewish older adults has more than doubled from 1957 to 2012, reaching more than a million. The continual rise in the Jewish older adult population brings an increased need for program funding that enhances and supports enrichment and training for the aging Jewish population.

The BJH Foundation for Senior Services, based in Greensboro, N.C. has awarded 21 grants totaling more than \$203,230 to help fund programs such as elder day care, congregational nurse and social worker programs, home and community services, guardianship and care management for Jewish older adults in North and South Carolina. Funding for these projects supports program expenses for food, mailings, supplies, educational materials, salaries for social workers, nurse staff, etc.

Economic and legislative changes have resulted in cuts for many federal and state programs. This makes it more important than ever for organizations to receive subsidies through grants from the BJH Foundation for Senior Services. Over the past seven years, BJH Foundation has awarded more than \$1.4 million to qualifying non-profit organizations that support Jewish older adults. The BJH Foundation has an endowment in the millions, and awards grants totaling up to \$25,000 to non-profit organizations across North and South Carolina serving Jewish older adults.

"Our board, composed of members from both North and South Carolina, is dedicated to enriching the well-being of the many seniors in our communities," said Cheryl David, president of the BJH Foundation for Senior Services. "We have received nothing but positive feedback about the many projects we've supported over the years. We want to thank those who have financially supported the Foundation when it was originally created as well as those working tirelessly for us today. We know the wonderful people we serve in the Carolinas will continue to benefit from the ongoing enrichment of our efforts."

This year, BJH Foundation awarded grants to these Greensboro programs:

Beth David Synagogue – "Vatikim" hosts weekly lunch and learn programs for Jewish older adults. Programming includes forums on issues affecting

older adults and their quality of life, health screenings, flu clinics and other programs based on the needs and interests of older adults. These programs provide fellowship and relieve some of the loneliness and isolation often experienced by older adults living at home, in long-term care and in assisted living facilities.

This grant was designated as the "Al Herman Grant Providing Meal and Fellowship," established in memory of Al Herman, a lifetime board member of BJH Foundation. BJH Foundation for Senior Services selects a recipient that honors Al's ideals, values and visions of supporting Jewish older adults through meals and fellowship.

Jewish Family Services of Greensboro Jewish Federation – The "Congregational Nurse Program" provides counseling to clients and their caregivers, health screenings, educational programs and case management. The Congregational Nurse reaches out to seniors by promoting physical, emotional and spiritual health.

"Chai Notes" is offered by Jewish Family Services of Greensboro. This program utilizes the skills of Jewish professionals with a background in music and education to develop dyads for older adults by deepening the meaning of life experiences through the use of music, song, liturgy, life review, poetry, writing exercises along with alternative interventions such as meditation and chanting.

Temple Emanuel – "Friendship Circle" connects Jewish older adults including those who are homebound, in an assisted living or nursing care facility to the Temple and their Jewish heritage. The social, educational and outreach programs include meals with programs, food relief, collaboration with Adult Center for Enrichment (ACE) and connecting with Russian Jewish seniors and older adults confined to their home.

Temple Emanuel's "A Taste of Judaism" reaches under-served Jewish older adults in independent, assisted living and nursing/memory care facilities along with those who are homebound. The program makes twelve different holiday visits associated with the twelve major Jewish Holidays during the 2013-2014 program year. The program began last year at Brighton Gardens.

For a complete list of the 2013 grant recipients and to learn more information about receiving grants, or how you can help, please visit [www.bjhfoundation.org](http://www.bjhfoundation.org)